



www.goodvitality.com

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Welcome to the Spring 2007 edition of the Good Vitality newsletter!

The coming year will hold many challenges for people eager to look after their own good vitality. From the coming hayfever season to the ever-present threat of MRSA and bird flu, individuals are going to have to take great care of themselves to ensure that they stay fit and active.

One of the ways that we recommend to maintain good vitality is to use the Beck's Zapping Protocol - and for those of you interested, we're running a special training day on this very subject! Turn to the last page for more information.

I hope that you enjoy this edition of the newsletter and, until the next one, enjoy the best of health and good vitality.

Chris Hyslop

Superbugs submit!

There has been much in the media recently about the prevalence of MRSA and C.Diff, and many people are concerned that if they go into hospital for a routine operation, then they might come out with something more than they went in with...

In recent weeks, we have released a brand new website - www.chrishyslop.com - which aims to give you information about how you can avoid picking up these and other infections. This includes recommendations on the use of specific supplements, cutting stress from your life and generally increasing your health before your hospital visit.

We have also found that Colloidal Silver is a highly effective way of stopping the spread of MRSA and similar diseases, and of course we sell all that you need to make your own CS on www.goodvitality.com

www.chrishyslop.com also gives full details of all of the courses run by Chris, from the Beck's Zapper day to his professional guidance for homeopathic students.

In addition to www.goodvitality.com and www.comsci.org.uk, www.chrishyslop.com completes the circle of information about all of the things that you can do to improve and maintain your good vitality throughout your life.

If you have any comments or questions about Chris Hyslop's work, please contact him using the telephone number above or by email: chris@goodvitality.com

D101 Cream - reformulated and improved!

D101 cream has been used by many of our customer to combat the effects of aging. Its special formulation helps to repair the elasticity of the skin, so reducing the appearance of fine lines and wrinkles.

Since we're always striving to make our products even more effective, we've isolated a new source of oligomeric proanthocyanidins (the active ingredient that makes D101 so effective). This new source is of even higher quality than the last one, so maximising the benefits of the formulation.

The formulation still uses all natural ingredients and is hypoallergenic, meaning that it is suitable for all skin types. Those who have not used it before may be put off by its unusual colour - however this is entirely due to the natural plant extracts used in its formulation!

A jar of D101 still costs £9.90 for a 30ml jar and is available from www.goodvitality.com or by calling the office.

Why weather the effects of aging when you can 101 them away?



April

2007

Patient Dairy - using Ozone

Our patients often write to us, recounting their experiences of using Good Vitality products. In this case, the patient was a 50 year old woman who had had her Varicose leg ulcer for over a year. She was told it would probably get worse despite conventional treatment.

As this treatment diary will demonstrate, Ozone is incredibly effective at treating this type of ulcer, even against all expectation!

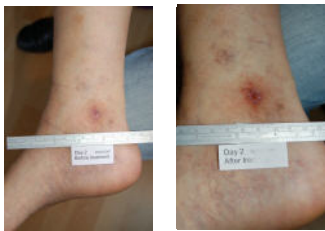
If you would like to submit a treatment diary, please contact the Good Vitality team!



Day 1. 19/2/07

Ulcer treated as follows, plastic bubble over ulcer was infused with Ozone gas from Ozone maker (Air stone removed) for 2 minutes. This was repeated every 15 mins. (i.e. 4 times in one hour).

During treatment the ulcer felt itchy and a bit tingly. After treatment the ulcer looked puckered up. There was no pain in it for the rest of the day, first time in ages.



Day 2. 20/02/07

No pain during the night. Was quite itchy this morning.

Before treatment there was fresh blood in the ulcers but no puss and it no longer looked cyanosed. (purple/blue colour). Looked pink for the first time in ages. Treatment repeated in day 1. Tingling during treatment.

Ulcer looked puckered up after treatment.



Day 3. 21/02/2007.

No pain at all. Before this treatment the ulcer was full of debris and we were not expecting the ozone to be very effective. However, after treatment the ulcer looked puckered once again and is definitely shrinking in diameter.



Day 4. 22-02-2007.

Night was ok no pain at all and very comfortable can now even lay on my right side first time in over a year. Ulcer now is much smaller and definitely less deep. During Ozone treatment today a little stinging and tingly after.



Day 5. 23/02/07.

Ulcer has SCABBED over, first time ever. Wondering if Ozone will have any effect through scab. No pain. During Ozone treatment a little bit of sting during third blast of Ozone.

Day 7. 26/02/2007

Still scabbed over and scab seem to be raising and itching. Tingled during Ozone treatment.



Day 8. 27/02/2007

No Ozone treatment.

Scabby, shrinking. Feels so much better. Accidentally knocked off scab that evening.



Day 12. 3/3/2007

No Ozone treatment.

Re scabbed over half the size of previous scab.

Day 14. 5/3/2007

No Ozone treatment. Scab fallen off again, skin at normal level and nice and pink. Will let you know if I need further treatment.

News from Good Vitality!

After popular demand... We have given in and started to produce our own high-grade Colloidal Silver in 200ml bottles. Costing £18 (on offer available on www.goodvitality.com), the 200ml bottles are the perfect size to take away on holiday or just to have conveniently to hand in the medicine cabinet. For details on the effectiveness of Colloidal silver on a range of ailments, log onto www.goodvitality.com or call the team for full information!

About to have an operation?

These are the steps I would take if I were about to have an operation and was **concerned about MRSA and Clostridium difficile**.

1. Probiotic, protect guts from C diff.
2. Echinacea, make White Cells more aggressive.
3. Zinc. Stimulates thymus to make T cells.
4. A good multivitamin and mineral, to help cell production
5. Colloidal silver. To help kill off invaders.
6. Homeopathic Operation Kit, to help recovery.

This is now available as a kit, bought separately would cost £67.34, **SAVE 20%** when you buy the complete kit.



More information can be found on:-

www.goodvitality.com

Coming Soon!

Once again, by popular demand from our patients, we are putting together a booklet to support the Beck's Protocol.

The booklet will lead you through the protocol, its uses, benefits and how to get the most from it. There will be pictures and step by step instructions, so even if you have never followed a similar system in the past, you'll be feeling the benefits in the shortest possible time!

The booklet is currently in development. If you would be interested in being told the moment that it is published, call the office or drop an email to chris@goodvitality.com and you'll be the first in the queue!

New product added to the Good Vitality Range!

Distilled water is an essential ingredient in the production of high grade Colloidal Silver - but good water purifiers are hard to come by.

After extensive research, the Good Vitality team have found a distiller that passes the most stringent tests for quality, effectiveness and price balance. You can run normal tap water through this distiller and it will remove substances such as arsenic, aluminium, bacteria, chloride, copper, lead, mercury and a host of other compounds that you don't want in your water.

Costing £189, the water distiller from Good Vitality is very competitively priced against the rest of the market, especially when you consider how effective this particular unit is. The team have tested it extensively and been very pleased with the results.

For more information, call 01293 446244 or log onto www.goodvitality.com

Special offer!

When you buy a Beck's Zapper in April or May, you will receive a FREE sample of Colloidal Silver Gel. This is a strictly time limited offer, so make sure that you get your order in early!

Becks Training Day.

By popular demand, the Good Vitality team have arranged a special Training Day on the Becks Protocol. Suitable for those with no clinical knowledge, or those people with some experience but who need to refine their information, the Training Day will cover all aspects of the Protocol and also lead onto further courses. **There are still a number of places available** - but book quickly!

Below is a full break-down of the day. To book, please email info@goodvitality.com or call 01293 446244 to ensure that your place is reserved for you!

Date: 14 April 2007
Time: 10.00 am until 4.30 pm
Venue: Holiday Inn Express, Crawley. Tel. +44 (0)1293 525523. www.hiexpress.co.uk
This venue is only a 45 min train ride from Victoria station get off at Three Bridges (then 10mins walk) or 15 mins by car from Gatwick Airport.

Cost: £65 (cheque's payable to "Commercial Science" or Book on line at www.goodvitality.com)

Session 1: History of the Zapper. The differences between Clarks Zapping and Becks Zapping and the pros and cons of each.

Session 2: The Becks Silver Zapper. Zapping and electrode placement (along with practice). Treatments protocols and the electroporation question.

There will be a break for lunch after session two. Please bring your own food, or, alternatively, you can buy something in the local restaurants.

Session 3: Colloidal Silver. How to make it, how it works. Methods of administration. Grades of water and Colloidal Silver. Toxicity of Colloidal Silver.

Session 4: Magnetic Pulsing and where to apply it. Benefits of Ozonated water - how to make it and use it.

Final Questions and answers.

There will plenty of opportunity for questions and where possible you will get to try out Zapping, Colloidal Silver, Magnetic Pulsing and Ozonated water.

Demand for this day is expected to be high, so please register early by telephone or email to avoid disappointment. All of the people who have attended this day will be listed on www.comsci.org.uk for potential patients to contact.



Please reserve me a place on the Becks training Day:

First Name.....

Surname.....

Address.....

.....

Post code.....

Daytime Tel no.....

Please print clearly, this will be the information added to our web site and on your certificate of attendance. Please make cheque's payable to Commercial Science. Alternatively you can pay by credit or debit card.:

Start Date
mm/yy

End Date
mm/yy

Security code, last 3 digits
in signature strip.

Signature of
cardholder.....
Date: